



November 2007

CPC TAEKWONDO
CHILDREN'S PERSONAL CONDUCT
BODY & MIND

GENEROSITY

Always greet your family and friends happily.



“GENEROSITY”

Showing kindness and concern for others should be a daily goal in every person’s life. When we put our own needs aside and work to help someone else, we are truly acting with a generous heart. When we care about how another person is feeling, and we share what we have to make them happier, we are doing a truly wonderful thing. Always be generous with your possessions and your time, and this world will be a happier place.

MONTH:

YEAR:

SUN	MON	TUE	WED	THUR	FRI	SAT

Draw a smiley face ☺ or a star ★ for completed jobs only. Stickers or stamps may also be used.

FOCUS

- 1) Help your parents carry groceries into the house
- 2) Try writing a daily journal (or draw a daily journal)
- 3) Try doing two favors everyday for your parents
- 4) Pick up litter
- 5) Concentrate on your homework without any distraction

Ten Home Rules For Children

- 1) Be polite and thoughtful when speaking to others
- 2) Always respect your parents, teachers, and elders
- 3) Be kind to your brothers and sisters
- 4) Keep your room neat and tidy
- 5) Keep your hair, teeth, and body clean daily
- 6) Never interrupt adult conversations
- 7) Review, study and finish your homework on time
- 8) Ask your parents to arrange family time
- 9) Join school activities
- 10) Read a new book every month

Help your child memorize the ten home rules for children. Use them as reminders when needed.

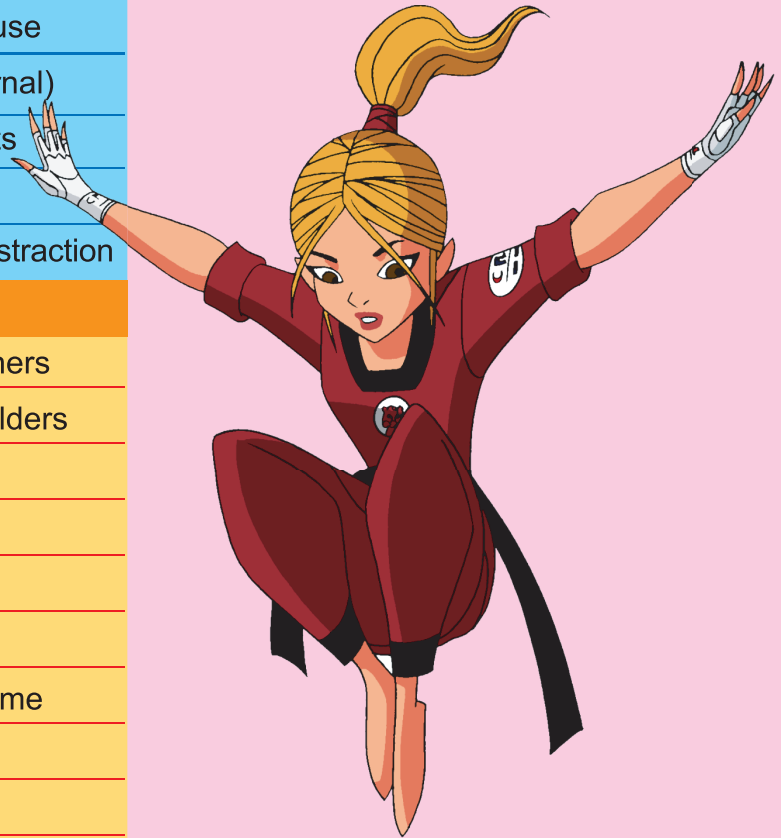
IMPORTANT HOME RULES PARENTS SET UP FOR THIS LESSON!

(Parents can write down guidelines or tasks for your children to follow along with this lessons.)

WRITE DOWN THE TASKS THAT YOU WANT YOUR CHILD TO DO FOR THIS LESSON.

COMMENTS

WRITE DOWN SHORT COMMENTS ON YOUR CHILD'S PERFORMANCE.



**CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION**



Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.

To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.

GENEROSITY IN FRIENDSHIP

Caring about our friends comes easily. We like to spend time together. We want to help our friends when they are in trouble. We want to share with them when we can. Our friends are very dear to us, and we try hard to keep our friendships strong. Be a good friend, and always be thoughtful, kind and generous.



Q. If a friend needs help with school work, what will you tell him?

a. _____

b. _____

c. _____

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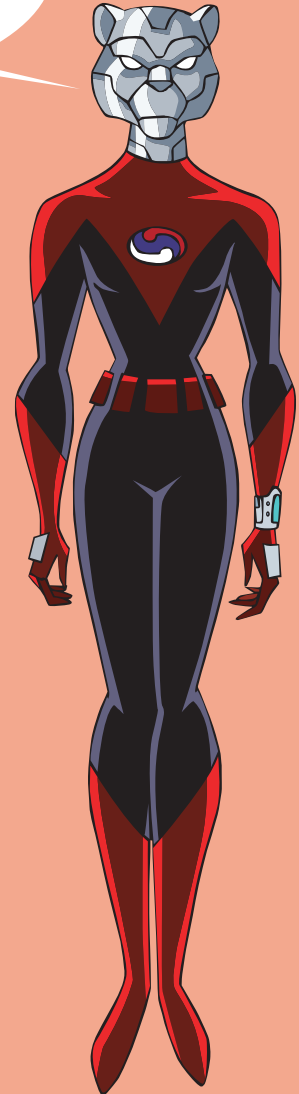


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GENEROSITY

By sharing with your friends you show them how much you care.



Showing kindness and concern for others should be a daily goal in every person's life. When we put our own needs aside and work to help someone else, we are truly acting with a generous heart. When we care about how another person is feeling, and we share what we have to make them happier, we are doing a truly wonderful thing. Always be generous with your possessions and your time, and this world will be a happier place.

Q. Who are some of the people you care about?

a. _____

b. _____

c. _____

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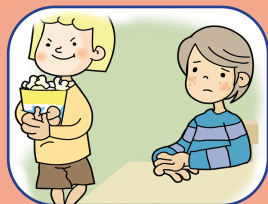
KEEPING OUR GENEROSITY

Being thoughtful and showing concern for others is very important. It is easy to help the people around us in many ways. We can offer to give up some of our playtime to help our neighbors with small chores. We can share our favorite things with our brothers and sisters. We can be extra courteous when our parents have had a hard day. All these small acts of kindness help our friends and family in so many ways.

Inappropriate Behavior : One is selfish and thoughtless.

Appropriate Behavior : One is generous and giving.

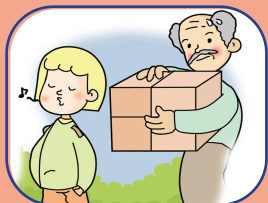
Rich refuses to share his snack with his hungry friends.



Rich spends all his time playing, even when his mother asks for help.



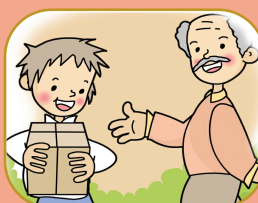
Rich laughs as his neighbor struggles with her grocery bags.



Henry gives freely when his friends ask him to share his snack.



Henry offers to do chores for his mother to give her a rest.



Henry helps his older neighbor carry groceries from her car.



Q. What was one kind act that you did this week?

a. _____

b. _____

c. _____

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"The Selfish Apprentice"

In the faraway village of Rutherford there lived a wise old wizard and his two apprentice boys. The boys worked each day with the wizard helping him with his magic spells. One of the boys was a very caring and generous boy named Joe. Joe was always nice to others and would share all his things happily. He would give half of his dessert away to the wizard's dragon just to be nice. He would share his book with the other boys in the village so they could learn to read. He would let his friends use his magic wand to cast pretend spells. The wizard was happy to work with such a kind boy who treated others so nicely. The second apprentice boy was very different. His name was Sandy, and he was selfish and mean. He never shared with anyone, and he got angry if anyone bothered him or touched his things. He could eat a whole cake in front of Joe without offering to share even a crumb.

Each day the wizard worked with the two boys. He tried to teach Sandy to share, but nothing seemed to work. Finally one day he got very angry as he watched Sandy take a whole pile of figs for himself. He went into his secret chamber and made a potion that would turn whoever drank it into an ugly toad. He brought the potion to the table at lunchtime and told the two boys that it was enchanted berry juice to share. He gave each boy an empty goblet and told them to pour carefully so that each boy got half of the juice. As soon as the wizard left the room, Sandy grabbed the potion and started to gulp it all down. "I want it all!" he cried. "I don't have to share with you!" By the time the potion was gone, Sandy was just a lumpy bumpy toad. He hopped across the floor toward the swamp out back and was never heard from again. The wizard was sad to see him go, but he and Joe lived happily ever after sharing all the great treasures of life.

Try your best to be fair to others. It is wrong to be selfish and stingy. When we give freely to our friends, our generosity will be rewarded.

Q. What things can you share with your friend?

a. _____

b. _____

c. _____