



June 2007

CPC TAEKWONDO
CHILDREN'S PERSONAL CONDUCT
BODY & MIND

Demonstrating Manners At Home

The Golden Rule



“DEMONSTRATING MANNERS AT HOME”

Our home is a place where we should feel comfortable and safe. By demonstrating excellent manners at home, we help to create a positive environment and show that we care about and respect our family members. Good manners let others know that we value their feelings and that we appreciate the things that our family members do for us. We demonstrate our best manners at home by completing our chores, following family rules, and using polite language such as “please” and “thank you.” Doing this will also show our family that we are trustworthy and responsible people. Use excellent manners at home everyday, and your family will become united in caring and respect.

MONTH:

YEAR:

SUN	MON	TUE	WED	THUR	FRI	SAT
/	/	/	/	/	/	/
/	/	/	/	/	/	/
/	/	/	/	/	/	/
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/	/	/	/	/	/	/

Draw a smiley face ☺ or a star ★ for completed jobs only. Stickers or stamps may also be used.

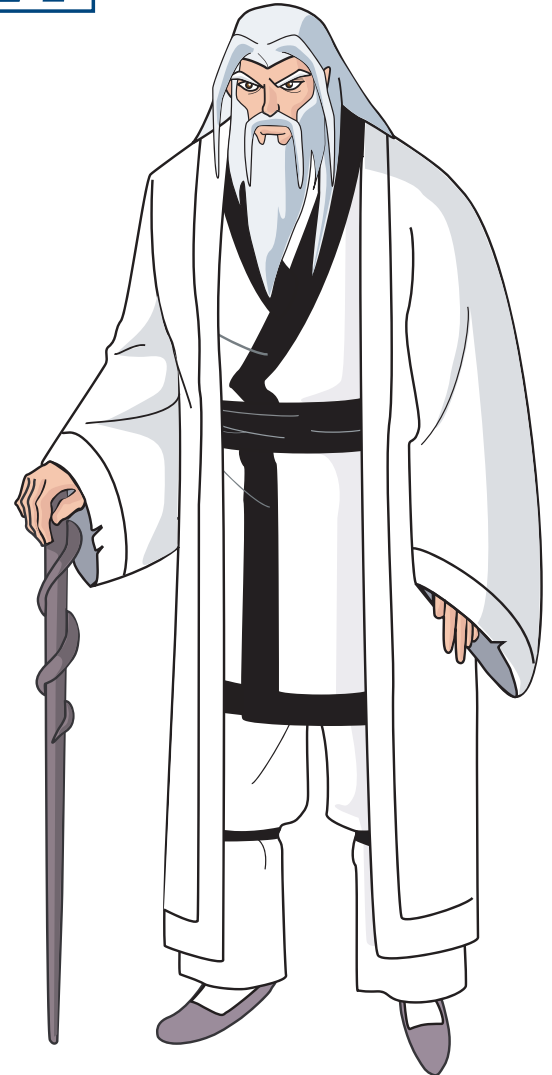
DEMONSTRATING MANNERS IN SCHOOL

- 1) Ask questions
- 2) Read a book
- 3) Learn to draw
- 4) Learn a new board game
- 5) Start a hobby

Ten Home Rules For Children

- 1) Be polite and thoughtful when speaking to others
- 2) Always respect your parents, teachers, and elders
- 3) Be kind to your brothers and sisters
- 4) Keep your room neat and tidy
- 5) Keep your hair, teeth, and body clean daily
- 6) Never interrupt adult conversations
- 7) Review, study and finish your homework on time
- 8) Ask your parents to arrange family time
- 9) Join school activities
- 10) Read a new book every month

Help your child memorize the ten home rules for children. Use them as reminders when needed.



IMPORTANT HOME RULES PARENTS SET UP FOR THIS LESSON!

(Parents can write down guidelines or tasks for your children to follow along with this lessons.)

WRITE DOWN THE TASKS THAT YOU WANT YOUR CHILD TO DO FOR THIS LESSON.

COMMENTS

WRITE DOWN SHORT COMMENTS ON YOUR CHILD'S PERFORMANCE.

**CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION**



Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.

To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.



Following family rules
show respect and caring!

FOLLOWING FAMILY RULES

Families have rules for many reasons. Family rules ensure that each person does their part to keep their home clean, safe, orderly and comfortable. They remind us to behave appropriately toward one another and respect each other. Completing our chores, such as cleaning up, caring for pets, caring for ourselves, and completing homework without being asked helps us become trustworthy and responsible. We show respect for our parents by doing what our parents ask us to do right away and using an appropriate tone of voice and polite language. When we work together as a family, help each other, share our belongings, and listen to each other, we show that we care for the people in our family. Following family rules at home, helps us prepare to be good citizens when we become adults.

Q. What are your family's rule?

a. _____

b. _____

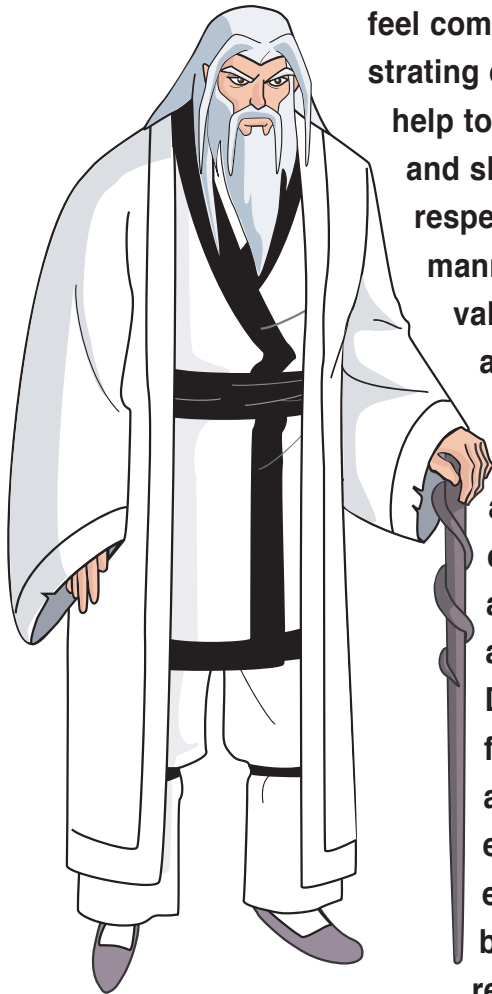
c. _____



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RULES OF MANNERS AT HOME



Our home is a place where we should feel comfortable and safe. By demonstrating excellent manners at home, we help to create a positive environment and show that we care about and respect our family members. Good manners let others know that we value their feelings and that we appreciate the things that our family members do for us. We demonstrate our best manners at home by completing our chores, following family rules, and using polite language such as "please" and "thank you." Doing this will also show our family that we are trustworthy and responsible people. Use excellent manners at home everyday, and your family will become united in caring and respect.



Q. What do you do to show excellent manners at home?

a. _____

b. _____

c. _____



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DEMONSTRATING MANNERS AT HOME

Behaving with good manners is very important. Even when we are upset or angry, we must be polite and respectful to our family members. Sometimes we will want to play instead of doing our chores or homework, but we must remember to take care of our responsibilities first. If we use good manners at home, our parents will trust us and let us do more on our own.

Inappropriate Behavior : One does not use good manners at home.

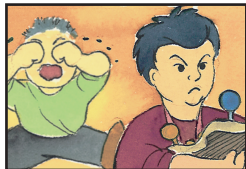
Thomas plays with his toys and does not clean up after himself when he is done.



Thomas did not say "Thank you" when his mom drove him to a friend's house.



Thomas did not let his brother play a video game with him.



Appropriate Behavior : One uses good manners at home.



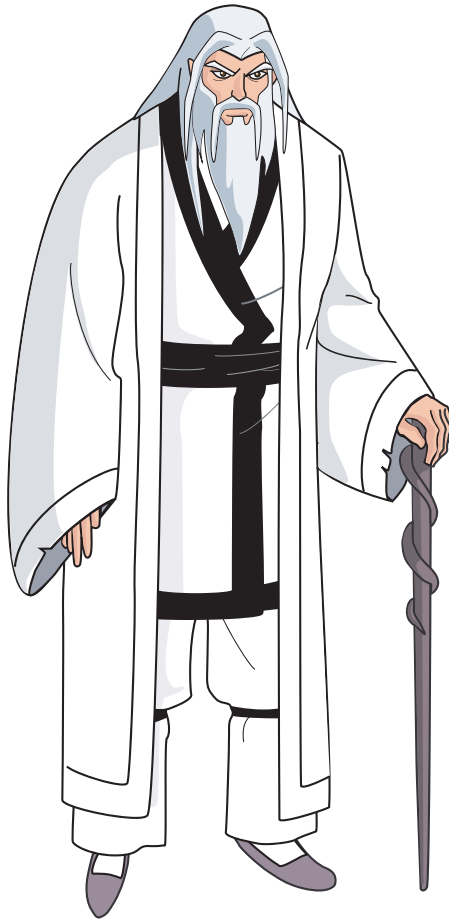
Thomas plays with his toys and puts them all away without being asked.



Thomas said "Thank you" when his mom drove him to a friend's house.



Thomas asked his brother if he wanted to play a video game with him.



Q. What are some ways you can improve your manners at home?

a. _____

b. _____

c. _____

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"Clever's Reward"



In the magical branches of a tall maple tree, lived a family of forest elves. The elf parents used their powers to create a large room for the three elf brothers to share. Chance, the oldest elf brother, wanted his two younger brothers to do all of the cleaning. He was very bossy and yelled at his brothers when he wanted them to do his chores. Lucky, the youngest brother threw their toys all over the room and would never share any of them.

Clever, the middle brother was incredibly responsible and always used good manners with his brothers. He cleaned up all of the toys each day, even if he didn't make the mess. He spoke politely to his brothers, even when Chance yelled at him and Lucky wouldn't share. Clever sometimes became very frustrated with his brothers' poor manners, but continued to be polite and responsible because he knew it was the right thing to do.

The elf parents realized that Clever deserved a reward for his constant good manners. They decided to visit the Wise Old Elf for advice on how to reward him. The Wise Old Elf gave the elf parents a magical key and told them to give it to Clever. The parents rushed home to give the key to their well-mannered son. As soon as the magical key touched Clever's hands, a golden door appeared in the tree house. A voice rang out, saying, "Clever, all elf children who have demonstrated excellent manners at home are rewarded with a room of their own."

Clever was thrilled to have a room of his own, but wanted to share his fortune with his brothers. He invited his brothers into his new room to play, but they could not enter the magic room because of their poor manners. Lucky and Chance vowed to start being polite and responsible at all times in hopes that they too would earn a room of their own. They asked Clever and their parents to teach them how to use better manners. From that day on, the elf family worked together to use excellent manners at home every day!

When families work together and use good manners, they are rewarded in many ways.

Q. What are some ways that you are like Clever?

a. _____

b. _____

c. _____