



March 2007

CPC TAEKWONDO
CHILDREN'S PERSONAL CONDUCT
BODY & MIND

RESPECT FOR PARENTS

Appreciate the parents who raise me with love.



Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.



“RESPECT YOUR PARENTS”

Parents love their children more than anything else in the world. They show us this love by taking care of us, giving us hugs and kisses, and keeping us safe. They also show their love by setting rules, expecting good behavior, and insisting that we show respect. Showing respect means talking politely, being honest, and completing the work our parents give us. When we treat our parents with respect, we make them proud.

MONTH:

YEAR:

SUN	MON	TUE	WED	THUR	FRI	SAT
/	/	/	/	/	/	/
/	/	/	/	/	/	/
/	/	/	/	/	/	/
/	/	/	/	/	/	/
/	/	/	/	/	/	/

Draw a smiley face ☺ or a star ★ for completed jobs only. Stickers or stamps may also be used.



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RESPECT

- 1) Use respectful words to adults
- 2) Try opening doors for your parents, siblings, teachers, and friends
- 3) Help your parents with chores around the house
- 4) Ask questions in very polite manner.
- 5) Do not interrupt when your parents are talking

Ten Home Rules For Children

- 1) Be polite and thoughtful when speaking to others
- 2) Always respect your parents, teachers, and elders
- 3) Be kind to your brothers and sisters
- 4) Keep your room neat and tidy
- 5) Keep your hair, teeth, and body clean daily
- 6) Never interrupt adult conversations
- 7) Review, study and finish your homework on time
- 8) Ask your parents to arrange family time
- 9) Join school activities
- 10) Read a new book every month

Help your child memorize the ten home rules for children. Use them as reminders when needed.

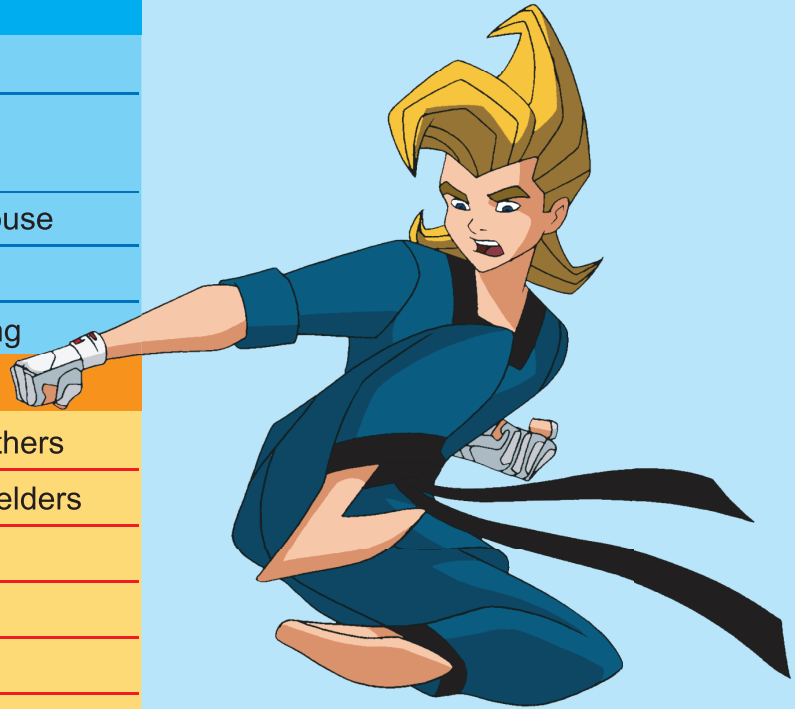
IMPORTANT HOME RULES PARENTS SET UP FOR THIS LESSON!

(Parents can write down guidelines or tasks for your children to follow along with this lessons.)

WRITE DOWN THE TASKS THAT YOU WANT YOUR CHILD TO DO FOR THIS LESSON.

COMMENTS

WRITE DOWN SHORT COMMENTS ON YOUR CHILD'S PERFORMANCE.



**CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION**



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To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.

RESPECT YOUR PARENTS

CHOOSING GOOD FRIENDS

Our parents feel proud as they watch us grow into smart, capable, young people. They enjoy seeing us develop our talents, work out our problems, and master different skills. They feel happy when we have nice friends who share common interests. It is important that our parents approve of our friends. Sometimes our parents see our friends more clearly than we do. At times, the friends we thought we liked turn out to be not loyal and true. Give your parents a chance to meet your friends and respect the advice they offer.



Q. Have you seen a friend act disrespectfully to his parents?

a. _____

b. _____

c. _____

CHILDREN'S PERSONAL CONDUCT
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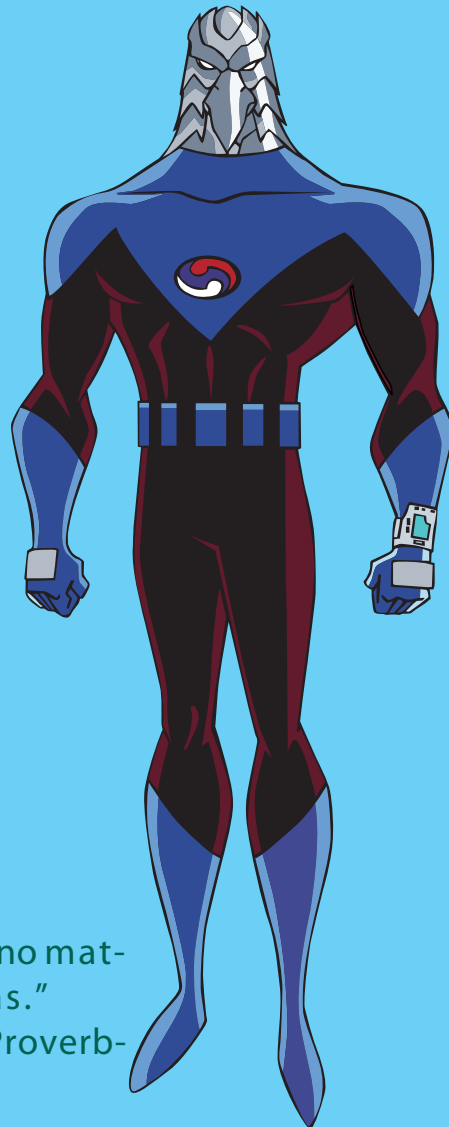
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RESPECT

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"You've got to do your own growing, no matter how tall your grandfather was."
-Irish Proverb-

Q. How do you show respect to your parents?

a. _____

b. _____

c. _____

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RESPECT FOR PARENTS

Behaving with respect for our parents is very important. We must always talk politely to our parents, even when we are angry or upset. We must always be honest with our parents, even when it is easier to tell an untrue story. We must always try our best to make our parents proud, even when the task is hard. Our parents work hard to make our lives happy and safe and full of goodness. We need to show them the respect they deserve.

Inappropriate Behavior : One does not treat his parent with respect.

Paul does not speak to his mother when he sees her.



Paul plays as his mother does all the work.



Paul doesn't follow his mother's rule and stays up late to play computer games.



Appropriate Behavior : One treats his parent with respect.



Scott always greets his mother with a hug and kiss.



Scott helps his mother happily with chores around the house.



Scott follows his mother's rule and goes to bed at the appropriate time.



Q. How can you act more like a "good boy"?

a. _____

b. _____

c. _____

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The Heir of Birchmere

Long ago in the Kingdom of Birchmere, the good King Birch decided that he was getting too old to be the king. He wanted to find an heir to the throne who was ready to learn the royal ways. The king decided to travel throughout the kingdom looking for a boy who was honest, fair, and most of all, respectful. King Birch thought that if a boy were respectful to his own parents, he would be honorable by nature, and would make a good king.

In the countryside of Birchmere there lived a farmer and his four sons. One very rainy night as the boys were sitting by the fire, they heard a scratching sound at the door. When they opened the door, a cold, wet rabbit hopped slowly into the house and shook it's soaked fur. "Poor rabbit," the father said. "He must have gotten out of his hutch. Who will take this rabbit back out to the barn on this cold, miserable night?" Each of the sons made an excuse to stay in by the warm fire.

"I do not want to get wet," said one boy.

"I have other things to do," said another boy.

"I will catch a cold if I go out in this weather," said the third boy.

The youngest son picked up the rabbit and headed for the door. "I will take the rabbit back to the hutch, Father," he said. "You stay in where it is warm and dry." And the boy walked out to the barn with the shivering rabbit.

As the boy opened the barn door he was shocked to find King Birch in the barn waiting for him. "Your Highness!" the boy exclaimed as he bowed his head and fell to his knees in respect.

"Rise to your feet, boy," said the King. "I have chosen you to be my heir to the throne. I have traveled all through the lands in search of a boy who shows true respect for his parents. I have tested each boy with this wet rabbit, and each time, the boys sat inside while their fathers or mothers came out in the rain to return the rabbit to the hutch. You are the first boy to put your own comfort aside and insist your father stay warm and dry. For that kindness and respect you have shown, you will become the leader over all this land." From that day forward the youngest son and his father lived happily in the castle with the king.

Q. How have you acted disrespectfully to your parents?

a. _____

b. _____

c. _____