

December 2007

CPC TAEKWONDO
CHILDREN'S PERSONAL CONDUCT
BODY & MIND

DEMONSTRATING MANNERS IN SCHOOL

The Golden Rule



“DEMONSTRATING MANNERS IN SCHOOL”

In we come to school to learn and do our best everyday. We can learn more from our teachers and peers if we all demonstrate good manners. As students, we have to understand that our behavior not only effects our own learning, it effects the learning of every student in the class. Because there are many children in one class, the rules at school must be different than those at home. In order to create a positive learning environment at school it is important for all students to use excellent manners, speak politely, share materials, and follow all rules. Without manners, the classroom will be unsafe, disorderly, loud, and little will be accomplished. Using our manners in school will lead to greater learning!

MONTH:

YEAR:

SUN	MON	TUE	WED	THUR	FRI	SAT

Draw a smiley face ☺ or a star ★ for completed jobs only. Stickers or stamps may also be used.

DEMONSTRATING MANNERS IN SCHOOL

- 1) Ask questions
- 2) Read a book
- 3) Learn to draw
- 4) Learn a new board game
- 5) Start a hobby

Ten Home Rules For Children

- 1) Be polite and thoughtful when speaking to others
- 2) Always respect your parents, teachers, and elders
- 3) Be kind to your brothers and sisters
- 4) Keep your room neat and tidy
- 5) Keep your hair, teeth, and body clean daily
- 6) Never interrupt adult conversations
- 7) Review, study and finish your homework on time
- 8) Ask your parents to arrange family time
- 9) Join school activities
- 10) Read a new book every month

Help your child memorize the ten home rules for children. Use them as reminders when needed.



IMPORTANT HOME RULES PARENTS SET UP FOR THIS LESSON!

(Parents can write down guidelines or tasks for your children to follow along with this lessons.)

WRITE DOWN THE TASKS THAT YOU WANT YOUR CHILD TO DO FOR THIS LESSON.

COMMENTS

WRITE DOWN SHORT COMMENTS ON YOUR CHILD'S PERFORMANCE.

CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION



Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.

To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.

Stay safe and have fun by using good manners!



USING GOOD MANNERS AT RECESS

Although good manners should be used in school all day long, it is even more important when we are outside with friends during recess. There are more children at recess than in our classroom. There are also a lot more activities at recess that can become dangerous when rules are not followed. When we play sports, games, and climb on playground equipment we can get hurt if we are not using good manners or following safety rules. There aren't always enough balls, jump ropes, and other equipment for everyone to use, so it is important to share and take turns. We should also be kind and invite others to play with us. If someone is not using good manners at recess, you have the choice to play with someone who is polite and follows the rules.

Q. What are some ways you use good manners at recess?

a. _____

b. _____

c. _____

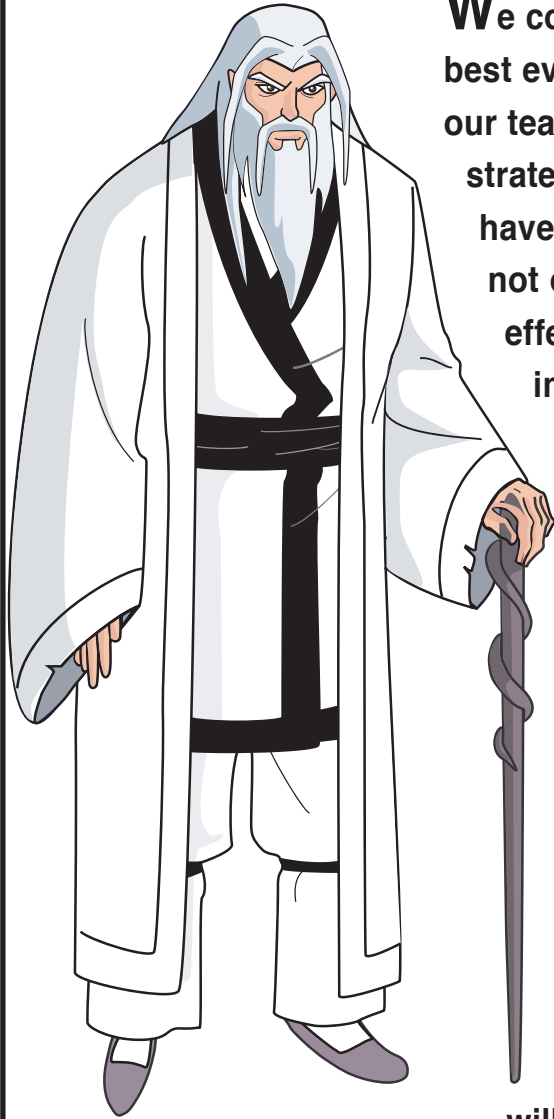
**CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION**



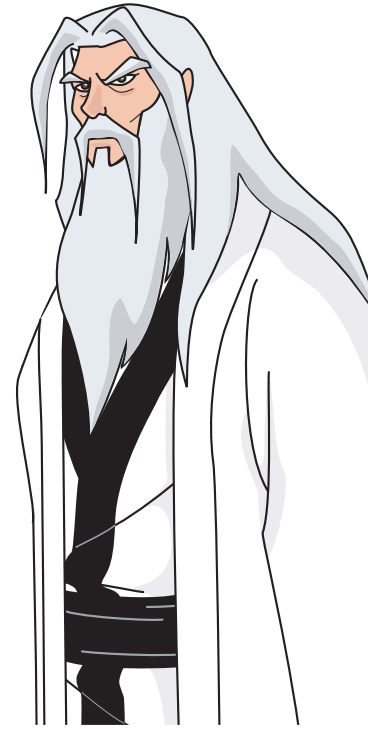
Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.

To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.

DEMONSTRATING MANNERS IN SCHOOL



We come to school to learn and do our best every day. We can learn more from our teachers and peers if we all demonstrate good manners. As students, we have to understand that our behavior not only effects our own learning, it effects the learning of every student in the class. Because there are many children in one class the rules at school must be different than those at home. In order to create a positive learning environment at school it is important for all students to use excellent manners, speak politely, share materials, and follow all rules. Without manners, the classroom will be unsafe, disorderly, loud, and little will be accomplished. Using our manners in school will lead to greater learning!



Q. Why are manners important to use at school?

a. _____

b. _____

c. _____



Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.

To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.

DEMONSTRATING MANNERS IN SCHOOL

Behaving with good manners is very important. Even when we are excited about sharing our ideas, we must remember to allow others enough time to think about the answers on their own. The materials that we have at school are used for learning. When we share these materials, we give everyone a chance to learn. Sometimes we may not understand why we have to follow rules, but we must remember that rules are made to keep us safe and to help us learn.

Inappropriate Behavior : One does not use good manners at school.

Jenny does not raise her hand and yells out answers when the teacher is talking.



Jenny never shares the markers with the other students at her table.



Jenny runs up the slide at recess while someone else is trying to slide down.



Appropriate Behavior : One uses good manners at school.



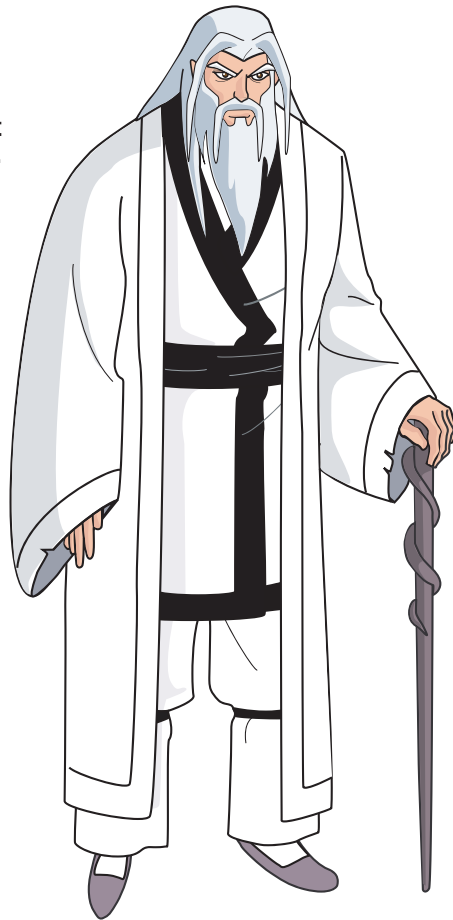
Jenny raises her hand and waits to be called on by her teacher before speaking.



Jenny asks if anyone needs to use the markers and other materials.



Jenny patiently waits her turn to go down the slide correctly.



Q. What are some appropriate ways you show good manners at school?

a. _____

b. _____

c. _____

CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION



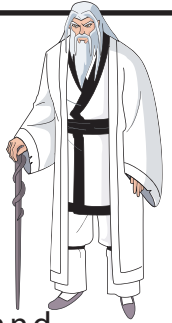
Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.

To Parents: Read through the training sheets with your children and discuss them thoroughly. Complete the "Question of the Week" together at the end of the sheet. Help your children stay focused when they work on school projects. Be sure to turn off any television sets or radios that may interfere with concentration.

Touble in Trollville



Once upon a time at Trollville School, there was a class of unruly and rude troll students. People were afraid to walk into the classroom in fear of being hit by random punches or flying objects thrown by the troll students. All of the trolls screamed at each other and at the teacher all day long. They never shared anything and often stole each others things. As you can imagine, the poor troll teacher was very frustrated because she wasn't able to get any teaching done. The troll students hadn't learned anything since the school year



began. Finally, the troll teacher had enough when she got hit by a chair in the face. She told the principal of the Trollville School that she was quitting immediately and vowed to never return to the school again!

A few days passed without finding a new teacher. The students behavior became even worse as the days wore on. It became harder and harder for the principal to find a teacher because everyone in the town of Trollville was aware of the troll student's horrific manners. Finally, a brave and wise teacher agreed to teach the students of Trollville.

Mrs. Trollsworth was an excellent teacher! The first thing she did was set classroom rules and routines with the class. She explained the importance of following these rules and promised that good things would come to those who followed them. The troll students were curious to find out about these 'good things,' so they decided to follow the rules and routines for a few days. Low and behold, a week later, the troll class was learning, making friends, being invited to parties, and they were no longer in pain from the mean things they had done to each other. The students were becoming smarter and enjoyed being in school. They told the teacher that they liked the new rules and they really liked all of the "good things" that came when they followed them. As a reward, Mrs. Trollsworth threw a big class party at the end of the year for the troll students. She told them she was very proud of everything they learned and for following the classroom rules.

Following rules at school makes us learn more in class and teaches us how to get along with others.

Q. What are some rules you think Mrs. Trollsworth set for her class?

a. _____

b. _____

c. _____