



July 2007

CPC TAEKWONDO
CHILDREN'S PERSONAL CONDUCT
BODY & MIND

ATTITUDE TOWARDS FRIENDS

Make a friend with someone who acts honorably
and has a sense of justice



Parents raise their children with love.
Teachers provide children with education.
Martial Arts Instructors provide children with character and personal conduct development.



“ATTITUDE TOWARDS FRIENDS”

Having friends makes our lives happier and more fun. Friends are more valuable than money or riches, because they share special times and fill our hearts with joy. We must show our friends that they are precious to us and always treat our friends with kindness and love.

MONTH:

YEAR:

| SUN | MON | TUE | WED | THUR | FRI | SAT |
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Draw a smiley face ☺ or a star ★ for completed jobs only. Stickers or stamps may also be used.



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Attitude towards friends

- 1) Make a new friend
- 2) Read a new book
- 3) Eat healthy today
- 4) Put your clothes in the laundry
- 5) Clean your room without being asked

Ten Home Rules For Children

- 1) Be polite and thoughtful when speaking to others
- 2) Always respect your parents, teachers, and elders
- 3) Be kind to your brothers and sisters
- 4) Keep your room neat and tidy
- 5) Keep your hair, teeth, and body clean daily
- 6) Never interrupt adult conversations
- 7) Review, study and finish your homework on time
- 8) Ask your parents to arrange family time
- 9) Join school activities
- 10) Read a new book every month

Help your child memorize the ten home rules for children. Use them as reminders when needed.

IMPORTANT HOME RULES PARENTS SET UP FOR THIS LESSON!

(Parents can write down guidelines or tasks for your children to follow along with this lessons.)

WRITE DOWN THE TASKS THAT YOU WANT YOUR CHILD TO DO FOR THIS LESSON.



COMMENTS

WRITE DOWN SHORT COMMENTS ON YOUR CHILD'S PERFORMANCE.

Blank area for writing comments on the child's performance.

**CHILDREN'S PERSONAL CONDUCT
CHARACTER BUILDING EDUCATION**



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HOW DO WE MAKE GOOD FRIENDS?

It is very important that we make friends with good people who have kind hearts and honest ways. We grow close to the friends we make, and must be sure that they are honorable and respectable.

We can be judged by the company we keep. We should seek out fun friends, but also friends who work hard, show kindness, and do their best in school.



Q. What are some ways to make new friends?

a. _____

b. _____

c. _____

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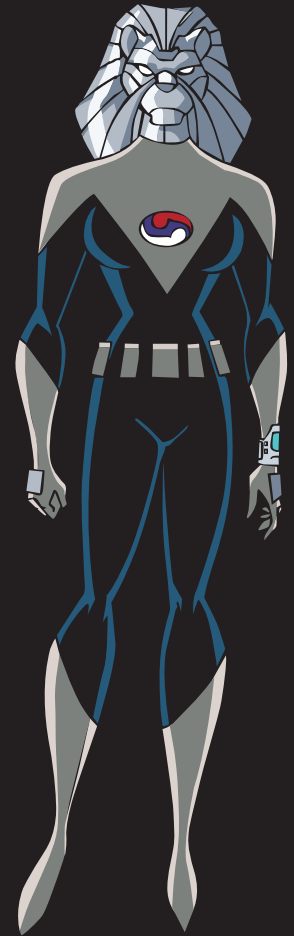
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"We secure our friends not by accepting favors – but by doing them."
-Thucydudes-

Q. What should you do if your friend hurts your feelings?

a. _____

b. _____

c. _____

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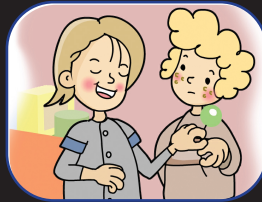
GOOD FRIENDSHIP

Being a good friend to others is very important. We must share fairly, talk nicely, and treat our friends the way we want to be treated. It is also important to be a good friend even when times are tough. Some days, being a friend means just getting together and having fun. Other days a friend may need our help with a problem. A true friend comes around for the fun times, and also helps during the hard times.

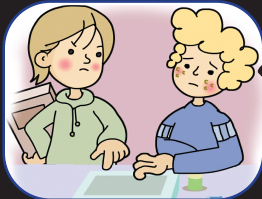
Inappropriate Behavior : One does not focus and does a poor job

Appropriate Behavior : One focuses on their work, and does a great job.

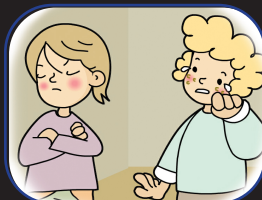
Josh only shares the toys he doesn't like very much.



Josh demands that his friend play only the game Josh likes.



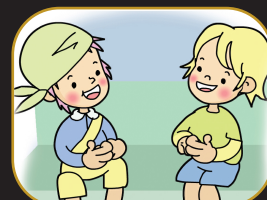
Josh fights with his friend and calls him mean names.



Ben shares his best toys with his friend when they play.



Ben plays the game his friend wishes to play.



Ben always talks nicely to his friend and plays fair.



Q. What should you do if your friend does something wrong?

a. _____

b. _____

c. _____

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The Boulder Men

Two friends were walking through an enchanted forest one day. They had been friends all their lives and were happily remembering many fun times as they hiked along. They were climbing over some huge boulders, when one of the boulders came loose and rolled down the hill-

side, smashing into a tree at the bottom. Instantly the sky got dark and a grumbling noise filled the air. The boulders began to come to life.

The massive boulders stood up on huge rock legs and surrounded the two boys. "You have smashed one of our brothers!" A loud voice bellowed. The largest of the boulder men took hold of the first boy and shouted, "It was YOU who knocked our brother boulder down the hill! Forever you will live among us to replace our fallen friend." As the giant boulder man spoke, the boy turned stiff and gray and became a hard jagged rock. His frightened friend found the courage to speak. "Please, boulder men," he cried, "I too was climbing over you. Keep us both so we can stay together. We have been friends all our lives and I could not bear to leave him behind alone."

The largest of the boulder men thought about what the boy had asked. "You would do this for your friend?. You would live your life as a cold, lonely rock just to stay with your friend?" "It is true, sir," the boy replied. "He is my best friend."

Suddenly, all the boulders began to crack apart, revealing real men inside. "Thank you!" cried the largest man. "You have broken the spell that turned us into boulders many years ago. Your act of friendship has saved us!" The boulder men rejoiced and carried the two boys out of the forest as heroes on their shoulders. They returned to the village as men again and they all lived happily ever after.

"Don't walk behind me – I may not lead. Don't walk in front of me – I may not follow. Just walk beside me and be my friend."

Albert Camus

Q. Who is your best friend? Why?

a. _____

b. _____

c. _____